

Skin | Chemical Peels, My Journey



It's no secret to most of my followers that I have suffered with acne for a large majority of my 20's. I document a lot of my acne journey on my snapchat and I have written articles about it on my blog before too.

My first on set of acne was only at 20 years old and from there on I had tried everything from Oratane, contraceptives, anti bionics and mechanical peels. I've done microdermabrasion, micro needling, derma rolling and a lot more treatments than I can even remember. To this day I still struggle with breakouts although they have decreased tremendously in the last year. Largely, I believe, due to my hormones changing as I am now over 25, but also starting a different contraceptive (Yaz) has helped. However I think the true hero in my skin journey has certainly been regular chemical peels.

I wear a lot of make up often clogging my pores really badly.

Read all about my skin peel experience over here: <http://bit.ly/BTBSkinPeels>